



# Marsh Medical Practice

## Winter Newsletter

### Online Services

You now have access to many Practice services online, in addition to help and information, including:

- Viewing your notes
- Booking appointments
- Requesting prescriptions

Please talk to our reception team for advice if you would like to make use of these.

### Cervical Screening

Ladies – if you receive a request for cervical screening (also known as smear tests), please do not hesitate to book an appointment with



the nurse. The national uptake of this simple screening procedure has dropped over recent years but our attendance records are higher than the national average - well done to all of you who have had your test. If you have not responded to the invitation to attend for screening please get in touch today – please don't die of embarrassment.

### Long Term Health Management

Marsh are committed to maintaining the good health of our community. You may be asked to attend the surgery for regular reviews or tests such as blood pressure checks or blood tests. Please ensure you attend all the appointments that you are asked to. We follow the current best practice guidelines regarding the management of long term health conditions and long term medication monitoring. These checks are for your safety and good health so please work with us.



### Be Kind Campaign

We are continuing our kindness campaign and encourage members of our community to carry out one random act of kindness a day. This could be simply smiling to a stranger, saying thank you or just pausing to reflect before reacting to a stressful situation.

Kindness is contagious so please try to spread it!



### You asked...



### We did...

For a wider range of online appointments to be made available

Added blood pressure checks with our HCAs and smear test appointments to the list of online appointments